

FOOD PANTRY ITEMS

CANNED FRUIT	Mixed Fruit	Fruit Cocktail	Pineapple	Applesauce
Not always available	Peaches	Pears	Mandarin Oranges	Cranberry Sauce
CANNED VEGTABLES	Peas	Corn (not creamed)	Green Beans	Mixed Veggie
	Stewed Tomatoes	Diced Tomatoes	Whole Tomatoes	Carrots
Not always available	Beets	Canned Potatoes	Asparagus	Creamed Corn
Grains	Mashed Potatoes	Scalloped Potatoes	Rice	Linguine
	Pasta - Elbows	Spagetti	Wheat Pasta	Noodles
Not always available	Stuffing Mix	Knorr's Type Package	Couscou	Rice a Roni
Cereals	Oatmeal - Instant	Oatmeal - Regular	Cream of Wheat	Fiber Bars
	Toaster Pop ups	Sweetened Cereals**	Unsweetened Cereal**	Pancake mix
** Please Note: We can not guarantee any particular cereal as it is all dependant upon what we receive each week.				
Protiens	Tuna Fish	Baked Beans	Peanut Butter	Jelly
Canned Beans	Chick Peas	Black Beans	Kidney Beans	Pinto Beans
Dry Beans	Pinto Beans	Kidney Beans	Lentils	Pea Beans
Not always available	Hash	Canned Chicken	Spam	Blackeyed Peas
Contiments	Cooking Oil	Katsup	Mustard	Mayonaise
	Salad Dressings	Gravy Mixes	BBQ Sauce	Spices
	Olives	Pickles	Broths	Relish
Mealmakers	Mac & Cheese	Creamed Soups	Canned Ravioli	Spagetti Sauce
	Beef Stew	Canned Soups	Hamburger Helper	Ramon Noodles
Not always available	Taco Fixings	Taco Shells/Mix	Chile	Canned Gravy
Meats/Fish	Beef	Pork	Chicken	Fish
*We try to give what is requested but it is dependent upon what is available				
Drinks	Water	Soda	Juices	Shelf Mix/Dry Milk
Snacks	Crackers	Chips	Cookies	Candy
Not always available	Cake Mixes	Frostings	Puddings	Jello